

# NASA-Backed Plants for a Cleaner, Healthier Workspace

NASA conducted the Clean Air Study to find ways to improve air quality in sealed environments like space stations. The research discovered that certain plants can remove harmful toxins from the air, improve oxygen levels, and create healthier indoor environments.

Indoor spaces accumulate pollutants from furniture, paints, and cleaning products, leading to headaches, fatigue, and reduced productivity. NASA research confirms that indoor plants naturally purify the air, creating a healthier environment.

## NASA-Backed Plants & Their Benefits

| Plant Name  | Air-Purifying Benefits                                   | Ideal for       |
|-------------|--|-----------------|
| Peace Lily  | Absorbs benzene & formaldehyde, reduces mold spores      | Receptions      |
| Snake Plant | Filters CO <sub>2</sub> & VOCs, releases oxygen at night | Workspaces      |
| Areca Palm  | Increases humidity, removes airborne pollutants          | Waiting lounges |
| Pothos      | Tough, fast-growing, absorbs VOCs                        | Shelves         |
| Dracaena    | Removes trichloroethylene & benzene                      | Meeting rooms   |

## What's in it for you?

- Improve air quality naturally with plants proven by NASA research.
- Enhance workplace productivity with better oxygen levels.
- Reduce indoor toxins that cause fatigue & health issues.

Get NASA-approved Plants for Your Office

