

# How Indoor Plants Support LEED & GBI Goals

LEED (Leadership in Energy & Environmental Design) and GBI (Green Building Index) are green building certification systems that recognize buildings designed for better energy efficiency, air quality, and sustainability.

Businesses that invest in LEED or GBI-friendly designs enjoy healthier workspaces with better air quality, leading to fewer sick days and higher productivity.

## How Indoor Plants Help You Meet LEED & GBI Standards

LEED & GBI Criteria	How Plants Help	Best Plants for the Job
Indoor Air Quality (IAQ)	Absorb toxins (VOC, CO <sub>2</sub> , formaldehyde), improve oxygen levels	Peace Lily, Bamboo Palm, Pothos
Employee Well-Being	Reduce stress, increase focus, promote relaxation	Ficus, Philodendron, Snake Plant
Humidity & Thermal Comfort	Regulate moisture levels, prevent dry air issues	Areca Palm, Chinese Evergreen

## What's in it for you?

- Improve your ESG score by integrating plants as part of a sustainability strategy.
- Gain LEED/GBI points in categories like indoor air quality & biophilic design.
- Enhance employee well-being while boosting your company's green credentials.

Consult us on LEED & GBI-friendly plant solutions

